

Key Stage 3 CORE PHYSICAL EDUCATION

Learning Leader Contact Information		Phone: 01604 862125 or 01908 563468	Email: tracey.cotter@ewsacademy.org.uk
Examination Board	N/A	Specification Code N/A	KS3 – Year 7 & 8 Core PE Curriculum North & South Campus

Subject Content

YEAR 7 PROGRAMME FOR NORTH & SOUTH CAMPUS

UNIT	DATES W/B	LESSONS			ASSESSMENT
1 Multi Skills	Sept 10th	L1		Multi Skills/ SHA 1	Assessment: Against normative data from www.brinamac.co.uk
		L2		Multi Skills/ SHA 2	
	Sept 17th	L3		Multi Skills/ SHA 3	
		L4		Multi Skills/ SHA 4	
2 CPR	Sept 24 th 1 st lesson of the week	1 Lesson		CPR Training My PB: Introduction to booklets and themes for each Unit. (Suggest ½ lesson on CPR; ½ My PB)	Assessment: Against CPR checklist & training completion.
3 Invasion activities	Sept 24 th 2 nd lesson of the week To w/b 15 th Oct 1 st	6 Lessons	NETBALL My PB: Evaluation	FOOTBALL My PB: Empathy	Assessment: My PB assessment criteria & KS3 criteria for specific activity.
4 X Country	Last lesson of the term w/b Oct 15th	1 Lesson		CROSS COUNTRY COMPETITION IN GROUPS My PB: Updating Extra curricular. Setting targets (Suggest ½ lesson X Country; ½ lesson My PB)	Assessment: Decided from positioning in X Country lesson and selection for school team.
HALF TERM					
5 Invasion	Oct 29 th – Nov 16th	6 Lessons	HOCKEY My PB: Evaluation	RUGBY My PB: Evaluation	Assessment: My PB assessment criteria & KS3 criteria for specific activity.
6 Fitness	Nov 19 th – Dec 8th	6 Lessons	GYMNASTICS My PB: Constructing Ideas	FITNESS My PB: Understanding exercise	Assessment: My PB assessment criteria & KS3 criteria for specific activity.
7 Competitions	Dec 10 th – Dec 20th	4 Lessons	Inter form/ Group Competitions or alternative activity competitions in dodgeball/ bench ball/ ultimate frisby My PB: Booklet updates built into unit 7.		Winning form publicity and certificate.

SUMMER BREAK

Additional Equipment Required:

PE Kit – Black shorts, white polo t-shirt, trainers.

Please note if students are ill/ injured they must provide a note from home & still bring kit.

Assessment Details

As above

What can I do to support my child at home?

Homework activities are set at various points to tie in with the My PB framework – please check Go4Schools and student planners for details.

Teaching Staff Contact Details			
Name	Role	Email	Tel
Ms Tracey Cotter	Learning Leader for PE	Tracey.cotter@ewsacademy.org.uk	01604 862125
Mr Stuart Higgins	Learning Leader South	Stuart.higgins@ewsacademy.org.uk	01908 563468
Mrs Cassie Tuplin	Teacher of PE South	Cassandra.tuplin@ewsacademy.org.uk	01908 563468
Mr Matthew Earl	Teacher of PE North	Matthew.earl@ewsacademy.org.uk	01604 862125
Mrs Ella Lloyd-Jones	Assistant Headteacher	Ella.lloyd-jones@ewsacademy.org.uk	01908 563468
Ms Abby Simpson	Teacher of PE SSCo	Abby.Simpson@ewsacademy.org.uk	01604 862125
Ms Emma Sullivan	Teacher of PE North	Emma.Sullivan@ewsacademy.org.uk	01604 862125
<p>Additional Information: Extra Curricular clubs run after school to further enhance knowledge, understanding and skills on both North and South Campus – see the school website and PE notice boards for details. EWS North Campus is home to Night Hawks Badminton club (Alex Dunn) on Wednesday after school and evenings. There are a variety of opportunities for swimming lessons, hiring sports areas and joining clubs through The Willison Centre – North Campus</p>			